



The La Crosse Omnium: The Midwest's Premier Spring Cycling Classic

An epic three-stage battle for bike racing supremacy on May 5th - May 7th, 2023. With over \$7000 in cash and prizes! The La Crosse Omnium is an event benefitting ORA Trails. Registration can be found here:

<https://www.bikereg.com/la-crosse-omnium>

Further race details are available here: <http://www.lacrosseomnium.com/> Preregister and Save \$10.00 per event or \$30.00 total. Preregistration is \$40 per event (\$120 for all three). Please note that the cost of the Time Trial funds the purse for both the TT and the Omnium. Juniors race at half price! Junior pre-registration is \$20 per event or \$60 for all three. Pre-registration for the Time Trial is mandatory, and closes on May 2nd at midnight central time. Day of registration will be available for the Criterium and the Road Race only with a late entry fee additional charge of \$10 per event.

2023 Time Trial Schedule May 5th, 2023

Event	4:30 PM	Entry
Jr. Boys 9-12,13-14	Prizes	\$ 20.00
Jr. Girls 9-12,13-14	Prizes	\$ 20.00
Jr. Boys 15-16	Prizes	\$ 20.00
Jr. Girls 15-16	Prizes	\$ 20.00
Jr. Boys 17-18	Prizes	\$ 20.00
Jr. Girls 17-18	Prizes	\$ 20.00
Men Cat 5	Prizes	\$ 40.00
Women Cat 4/5	Prizes	\$ 40.00
Women Pro 1/2/3	5/\$350.00	\$ 50.00
Women 35+	3/\$100	\$ 40.00
Masters 35+ Cat 4/5	Prizes	\$ 40.00
Masters 35+ Cat 1/2/3	3/\$100.00	\$ 40.00
Men 50+	Prizes	\$ 40.00
Men Cat 4	Prizes	\$ 40.00
Men Cat 3	3/\$100.00	\$ 40.00
Men Pro 1/2	5/\$350.00	\$ 50.00

Pre-Registration ONLY.

Directions: Check-in is at Start at the bottom of Bliss Road, La Crosse, WI 54601. Riders will be notified of their start time prior to the event by email and on the website. Field is limited to 360 total riders, first come first serve, so register early! The event has sold out in past years; don't miss out!

Bliss Road will be closed to traffic at 3:00pm. Please use caution and stay to right.

Course:
<http://www.mapmyride.com/routes/view/59198722>

Alternate Directions:
http://www.lacrosseomnium.com/hill_tt

2.4 Miles departing every 30 seconds

Pre-Registration Only

2023 Road Race Schedule May 6th, 2023

Event	Start Time	Laps	Dist.	Pre-Reg	Day of	Prizes
Masters 35+ Cat 1/2/3	8:30 AM	4	57.4	\$40	\$50	3/\$225
Women Pro 1/2/3	8:32 AM	4	57.4	\$50	\$60	8/\$715
Men Cat 4	8:34 AM	2	28.7	\$40	\$50	Prizes
Women Cat 4/5	8:36 AM	2	28.7	\$40	\$50	Prizes
Jr. Boys 17-18	8:38 AM	2	27.2	\$20	\$30	Prizes
Jr. Girls 17-18	8:38 AM	2	27.2	\$20	\$30	Prizes
Jr. Boys 15-16	8:40 AM	1	14.3	\$20	\$30	Prizes
Jr. Girls 15-16	8:40 AM	1	14.3	\$20	\$30	Prizes
Jr. Boys 9-12,13-14	8:40 AM	1	14.3	\$20	\$30	Prizes
Jr. Girls 9-12,13-14	8:40 AM	1	14.3	\$20	\$30	Prizes
Men Pro 1/2	12:30 PM	4	57.4	\$50	\$60	8/\$715
Men Cat 3	12:32 PM	3	43	\$40	\$50	3/\$175
Men 50+	12:32 PM	3	43	\$40	\$50	Prizes
Women 35+	12:34 PM	2	28.7	\$40	\$50	3/\$225
Masters 35+ Cat 4/5	12:36 PM	2	28.7	\$40	\$50	Prizes
Men Cat 5	12:38 PM	2	28.7	\$40	\$50	Prizes

Directions: Chaseburg Park, 402 Depot St, Chaseburg, WI 54621. From La Crosse travel south on Hwy 35. East on Cty K or Hwy 162 (in Stoddard) to Chaseburg. Parking on city streets or public lots. Registration at the park, begins at 7:30. Day of registration is available. Course: <https://www.strava.com/routes/16717532>

2023 Criterium Schedule May 7th, 2023

Event	Start Time	Duration	Pre-Reg	Day of Payout	Prizes
Jr. Boys 9-12,13-14	8:00 AM	0:20	\$ 20	\$ 30	Prizes
Jr. Girls 9-12,13-14	st		\$ 20	\$ 30	Prizes
Jr. Boys 15-16, 17-18	8:25 AM	0:30	\$ 20	\$ 30	Prizes
Jr. Girls 15-16, 17-18	st 0:30		\$ 20	\$ 30	Prizes
Women Cat 4/5	9:00 AM	0:40	\$ 40	\$ 50	Prizes
Women 35+	st		\$ 40	\$ 50	3/\$225
Men Cat 5	9:45 AM	0:30	\$ 40	\$ 50	Prizes
Men Cat 4	10:20 AM	0:40	\$ 40	\$ 50	Prizes
Men 50+	11:05 AM	0:40	\$ 40	\$ 50	Prizes
Men Cat 3	12:15 PM	0:50	\$ 40	\$ 50	3/\$175
Masters 35+ Cat 4/5	1:10 PM	0:40	\$ 40	\$ 50	Prizes
Masters 35+ Cat 1/2/3	1:55 PM	0:50	\$ 40	\$ 50	5/\$250
Women Pro 1/2/3	2:50 PM	1:00	\$ 45	\$ 55	8/\$715
Men Pro 1/2	3:55 PM	1:00	\$ 45	\$ 55	8/\$715

Directions: Registration begins at 8:00 am in Riverside Park directly across from the Radisson Hotel at 200 Front Street (also called Harborview Plaza) La Crosse, WI 54601. The Radisson is right on the racecourse. Second race \$20. Course: <http://www.mapmyride.com/routes/view/68597592>

2023 Omnium Prize list
 May 5th – 7th, 2023

Event	Places	Payout
Jr. Boys 9-12,13-14	3	Prizes
Jr. Girls 9-12,13-14	3	Prizes
Jr. Boys 15-16	3	Prizes
Jr. Girls 15-16	3	Prizes
Jr. Boys 17-18	3	Prizes
Jr. Girls 17-18	3	Prizes
Men Cat 5	3	Prizes
Women Cat 4/5	3	Prizes
Women 35+	3	\$100
Women Pro 1/2/3	5	\$400.00
Mens 50+	3	Prizes
Masters 35+ Cat 4/5	3	Prizes
Masters 35+ 1/2/3	3	\$100
Men Cat 4	3	Prizes
Men Cat 3	3	\$75
Men Pro 1/2	5	\$400

Preregistration is available at: <http://www.lacrosseomnium.com>

Omnium Points

Place	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Points	20	18	16	14	12	10	9	8	7	6	5	4	3	2	1

* All finishers in the TT get at least one point. Ties are broken by TT time